



Wrist Straps

- Pair of Padded cotton lifting straps for weightlifting, bodybuilding, Powerlifting, and strength training
- NewTek pads cushion wrists for heavy lifts, taking pressure off the hands and grip during deadlifts, rows, and snatches
- The extended length (21.5 inches) provides a stronger wrap on the bar, and the 1.5-inch width increases contact on the grip surface resulting in less grip fatigue
- Use barbells, dumbbells, bumper plates, and kettlebells to maximize gains in the gym with improved grip strength
- Heavy-duty stitching increases durability, and merrowed end tabs prevent fraying

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